



***ARE YOU CARING FOR A CHRONICALLY ILL OR DISABLED SPOUSE
OR PARTNER?***

YOU ARE NOT ALONE!

The Well Spouse Association is a national 501(c)3 nonprofit organization whose mission is providing peer support to current and former spouses & partners of those with *any* chronic illness or disability.

Services include:

- ❖ Face-to-face support groups
- ❖ Telephone support groups
- ❖ Online forum
- ❖ Bimonthly newsletter
- ❖ Peer mentors
- ❖ Connecting Caregivers Program
- ❖ Respite Weekends
- ❖ Annual Conference

Visit us on the web at www.WellSpouse.org and/or on Facebook

1-800-838-0879

@WellSpouseAssoc on Twitter

When one is sick, two need help!