



**ARE YOU CARING FOR A CHRONICALLY ILL OR DISABLED SPOUSE  
OR PARTNER?**

**YOU ARE NOT ALONE!**

**The Well Spouse Association is a national 501(c)3 nonprofit organization whose mission is providing peer support to current and former spouses & partners of those with *any* chronic illness or disability.**

**Services include:**

- ❖ Face-to-face support groups
- ❖ Telephone support groups
- ❖ Online forum
- ❖ Bimonthly newsletter
- ❖ Peer mentors
- ❖ Connecting Caregivers Program
- ❖ Respite Weekends
- ❖ Annual Conference

Visit us on the web at [www.WellSpouse.org](http://www.WellSpouse.org) and/or on Facebook

**1-732-577-8899**

@WellSpouseAssoc on Twitter

*When one is sick, two need help!*