

# Well Spouse<sup>®</sup> Association 31st Annual Conference

## Monday, September 9

10:00 a.m.	Conference registration begins
12:15 – 1:45 p.m.	<b><u>Workshops</u></b> <b>Legal Planning for Long-Term Care</b> – <i>Alzheimer’s Association, Southern NV Chapter</i>
2:00 – 3:30 p.m.	<b>Financial Planning for Long-Term Care</b> – <i>Alzheimer’s Association, Southern NV Chapter</i>
2:00 – 3:30 p.m.	<b>Discovering the Joy of Caregiving through Self-Care</b> – <i>Lori Johnson, RN</i>
6:00 p.m.	Evening Reception
6:30 p.m.	<b><u>Dinner and Keynote Address</u></b> <b>Communicating Difficult Truths: The Challenges of Explaining Yourself and Your Care Situation to Family, Friends and Health Professionals</b> – <i>Dr. Zachary White</i>

## Tuesday, September 10

10:00 – 11:30 a.m.	<b><u>Workshops</u></b> <b>How to Communicate Difficult Truths: Practical Strategies for More Effective Communication Throughout the Care Experience</b> – <i>Dr. Zachary White</i>
12:00 – 1:30 p.m.	<b>Compassionate End of Life Choices</b> – <i>Jim Russell</i>
12:00 – 1:30 p.m.	<b>Double workshop - Communicating with Dementia Patients / Understanding and Responding to Dementia-Related Behavior</b> – <i>Alzheimer’s Association, Southern NV Chapter</i>
4:00 p.m.	<b><u>Keynote Address</u></b> <b>Survival of a Marriage After Brain Injury</b> – <i>Dr. Cynthia Lim</i>
5:00 p.m..	Dinner
6:30 p.m.	Seating for Rat Pack show at Tuscany Suites & Casino (show begins at 7:30)

## Wednesday, September 11

8:00 – 8:45 a.m.	<b><u>Workshops</u></b> <b>Zumba</b> – <i>Edna Culp</i>
9:30 – 11:00 a.m.	<b>Crossing the Threshold into Caregiving – Lessons Learned</b> – <i>Dr. Cynthia Lim</i>
11:00 a.m.	Hotel check-out
11:30 a.m.	Closing Ceremonies